

13/10/2021

Dear Register4 Members,

Thank you very much for taking part in the study titled *'Improving the measurement and understanding of cancer information overload'* via Register4. You completed an online survey for this study in 2017. The study has now been completed. A summary of the study results is provided below.

This research project was completed successfully as part of an international collaboration with the Aix Marseille University in France. Cancer Information Overload is a common problem due to a large amount of information available regarding cancer, especially online. Trying to find, understand and evaluate cancer information can be an overwhelming experience that can affect people in different ways. We compared how well 5-item, 8-item and 10-item versions of a questionnaire assessing Cancer Information Overload measure Cancer Information Overload in English and French native speakers. We also looked at relationships between Cancer Information Overload and several cancer-related health behaviours (e.g. smoking, skin checks).

We found that Cancer Information Overload is associated with poorer health-related behaviours such as smoking, getting sunburnt and not getting skin checks as often as recommended. The 5-item Cancer Information Overload questionnaire was found to be a brief and valid way of assessing Cancer Information Overload that can be used in research on disease prevention and message acceptance, which will ultimately help cancer patients and survivors.

Thank you again for your invaluable support and contribution to the progress of cancer research in Australia and beyond.

Kind Regards,

Allan 'Ben' Smith, PhD
Cancer Information Overload Study Principal Investigator in Australia
Senior Lecturer, UNSW Sydney
P: +61 (02) 8738 9244 | E: ben.smith@unsw.edu.au | T: @cancer_K2A